

Daily Schedule

monsoon term 2018-19 (*wef June 12*)

| Classes 4 – 8 | |
|----------------------|---------------------|
| 6.00 am | Wake up |
| 6.30 – 7.00 am | Physical activities |
| 7.00 – 7.30 am | Breakfast |
| 7.30 – 8.10 am | Dorm time |
| 8.10 – 8.50 am | P0 |
| 8.50 – 9.00 am | Class time |
| 9.05 – 9.25 am | Assembly |
| 9.30 – 10.10 am | P1 |
| 10.10 – 10.50 am | P2 |
| 10.50 – 11.10 am | Juice Break |
| 11.10 – 11.50 am | P3 |
| 11.50 – 12.30 pm | P4 |
| 12.30 – 1.10 pm | Lunch |
| 1.10 – 1.50 pm | P5 |
| 1.50 – 2.30 pm | P6 |
| 2.30 – 3.00 pm | Rest |
| 3.00 – 4.15 pm | Games |
| 4.15 – 4.30 pm | Evening snacks |
| 4.30 – 5.30 pm | Bath / Music |
| 5.20 – 6.00 pm | Unstructured time |
| 6.00 – 7.00 pm | Prep |
| 7.00 – 7.30 pm | Dinner |
| 7.30 – 8.30 pm | Dorm time |
| 8.30 pm | Sweet dreams |

| Classes 9 – 12 | |
|-----------------------|---------------------|
| 6.30 am | Wake up |
| 7.00 – 7.30 am | Physical activities |
| 7.30 – 8.00 am | Breakfast |
| 8.00 – 8.20 am | Dorm time |
| 8.20 – 9.00 am | P0 |
| 9.05 – 9.25 am | Assembly |
| 9.30 – 10.10 am | P1 |
| 10.10 – 10.50 am | P2 |
| 10.50 – 11.10 am | Juice Break |
| 11.10 – 11.50 am | P3 |
| 11.50 – 12.30 pm | P4 |
| 12.30 – 1.10 pm | P5 |
| 1.10 – 1.50 pm | Lunch |
| 1.50 – 2.30 pm | P6 |
| 2.30 – 3.10 pm | P7 |
| 3.10 – 4.00 pm | Rest |
| 4.00 – 4.15 pm | Evening snacks |
| 4.15 – 5.30 pm | Games |
| 5.30 – 6.45 pm | Bath / Music |
| 6.50 – 7.50 pm | Prep |
| 7.50 – 8.20 pm | Dinner |
| 8.20 – 9.00 pm | Dorm time |
| 9.00 – 10.30 pm | Quiet time |
| 10.30 pm | Sweet dreams |